

Free Valentine Teddy Bear Pattern



Pattern Description:

This free Valentine Teddy Bear pattern guides you to crochet a charming 7-8 inch keepsake bear with heart-shaped feet, a cute muzzle, and optional poseable arms.

Using two colors of worsted-weight yarn, it includes detailed instructions for the head, body, limbs, ears, tail, and a matching heart pillow.

Perfect for gifting or decorating, it's beginner-friendly yet customizable, preserving a handmade, heartfelt touch.

Materials Needed & Measurements:

- **Yarn:** Two different colors of **worsted weight acrylic yarn** are required. The main parts of the bear use less than a skein (approximately 364 yards). A small amount of the second color is needed for features like the ears and heart shapes.
- **Yarn Weight:** Worsted weight acrylic yarn.
- **Hook:** A **4.5 mm hook** is recommended.
- **Notions:**
 - Blunt end yarn needle for sewing
 - Scissors
 - 100% polyester stuffing

- Eyes: Options include buttons, a French knot, or painted eyes. The designer used **10mm safety eyes**, which were glued in place.
- Optional: Plastic mesh sheet for shaping the heart feet.
- **Measurements:** The bear is approximately **7 to 8 inches in a sitting position**, measured from the bum to the top of the head.

Stitches & Abbreviations Used:

- **st** = stitch
- **sc** = single crochet
- **sl st** = slip stitch
- **2tog** = crochet 2 stitches together
- **hdc** = half double crochet
- **BLO** = back loop only
- **f/o** = finish off

Instructions for Making the Valentine Teddy Bear Pattern:



Head and Body (worked in one piece):

Start at the top of the head, working down to the bottom of the body.

- magic circle with 6sc (6)
- 2sc in each st (12)
- 1sc then 2sc in next st (18)

- 1sc in next 2st then 2sc in next st (24)
- 1sc in next 3st then 2sc in next st (30)
- 1sc in next 4st then 2sc in next st (36)
- 1sc in next 5st then 2sc in next st (42)
- 1sc in next 13st then 2sc in next st (45)
- 1sc in each st for 8 rows
 - **Eye Placement:** If using safety eyes, place them between the 12th and 13th row, with 7 visible stitches between them.
 - **Muzzle Placement:** The top of the muzzle is placed on the 12th row.
- 1sc in next 13st then 2tog (42)
- 1sc in next 5st then 2tog (36)
- 1sc in next 4st then 2tog (30)
- 1sc in next 3st then 2tog (24)
- 1sc in next 2st then 2tog (18)
- 1sc in next 4st then 2tog (15)
- 2sc in each st (30) **stuff and shape head**
- 1sc in each st for 5 rows
- 1sc in next 4st then 2sc in next st (36)
- 1sc in next 5st then 2sc in next st (42)
- 1sc in each st for 5 rows
- 1sc in next 5st then 2tog (36)
- 1sc in next 4st then 2tog (30)
- 1sc in next 3st then 2tog (24)
- 1sc in next 2st then 2tog (18) **stuff and shape body. Be sure to fill any stuffing gaps in the neck**
- 1sc then 2tog (12) **stuff over the next 2 rows as needed**
- 1sc then 2tog (8)
- f/o leaving a tail for closing up the gap. Weave in and out of the remaining stitches and pull tight to close. Knot off and hide yarn tails in the body.

Muzzle: (using the same color as the body)

- magic circle with 6sc (6)
- 2sc in each st (12)
- 1sc in next 3st then 2sc in next st (15)
- 1sc in each st for 1 row
- f/o leaving a long tail for sewing. Whip stitch a nose onto the muzzle before sewing to the head.

Ears: (using red yarn)

- magic circle with 6sc (6)
- 2sc in each st (12)
- 1sc then 2sc in next st (18)
- 1sc in each st for 2 rows
- 1sc in next 4st then 2tog (15)

- 1sc in each st for 1 row
- f/o leaving a long tail for sewing. Do not stuff the ears. Fold flat.

Arms: (using the same color as the body)

- magic circle with 6sc (6)
- 2sc in each st (12)
- 1sc in next 3st then 2sc in next st (15)
- 1sc in each st for 1 row
- 1sc in next 3st then 2tog (12)
- 1sc in each st for 1 row
- 1sc in next 4st then 2tog (10)
- 1sc in each st for 9 rows
- f/o leaving a long tail for sewing. **Stuff the hand and arm.** You can also add two pipe cleaners, folded over and twisted, to add poseability to the arms.

Legs (Heart Shaped Feet): (start with red yarn)

- Make sure to add in a marker and move it at the end of every row.
- magic circle with 6sc (6)
- 2sc in each st (12)
- 1sc in next 3st, 3sc in next st, 2sc in next st, sl st next 2st, 2sc in next st, 3sc in next st, 1sc in next 3st (18)
- 1sc, (1hdc in next st then put a sc in the top of the hdc and a sc in the bottom of the hdc) 1sc in next 3st, 2sc in next st, 2hdc next 2st, 1sc in next st, sl st next 2st, 1sc in next st, 2hdc in next 2st, 2sc in next st and 1sc in next 3st (26)
- 1sc in next 2st, now in the **BLO** 1sc in next 24st (26)
- 1sc in next back loop, **switch colors** in next back loop, using both loops again 1sc in next 24st (26)
- 1sc in next 11st then 2tog (24)
- 1sc in 4st then 2tog (20)
- 1sc in each st for 1 row
- 1sc in next 3st then 2tog (16)
- 1sc in next 6st then 2tog (14) **stuff and shape foot**
 1. 1sc in each st for 8 rows **stuff leg up to row 17**
- Fold flat and sc through both sides of the leg in the next st, ch1 turn then sc across to close up the leg, ch1 turn and sc across. f/o leaving a tail for sewing.
- **Stuffing and shaping the heart-shaped feet:** The legs can be done two ways: just stuff and shape the heart, or add a heart-shaped plastic mesh sheet inside, then stuff. The red heart feet in the pattern are just stuffed with no plastic inside.

For purple hearts, a plastic sheet was added, and then after closing the leg, the heart was further shaped with a strand of purple yarn.

This shaping involves entering where arrow #1 points, coming up and out on #2, back in on #3, and out through #4, then knotting off and hiding the yarn tails. Regular feet patterns are also available.

Tail: (using the same color as the body)

1. magic circle with 6sc (6)
2. 2sc in each st (12)
3. 1sc in next 3st then 2sc in next st (15)
4. 1sc in each st for 1 row
5. 1sc in next 3st then 2tog (12)
 - o f/o leaving a long tail for sewing.

Heart Pillow: (make 2 pieces)

- Make sure to add in a marker and move it at the end of every row.
- magic circle with 6sc (6)
- 2sc in each st (12)
- 1sc in next 3st, 3sc in next st, 2sc in next st, sl st next 2st, 2sc in next st, 3sc in next st, 1sc in next 3st (18)
- 1sc, (1hdc in next st then put a sc in the top of the hdc and a sc in the bottom of the hdc) 1sc in next 3st, 2sc in next st, 2hdc next 2st, 1sc in next st, sl st next 2st, 1sc in next st, 2hdc in next 2st, 2sc in next st and 1sc in next 3st (26)
- 1sc in next 2st then sl st next st and f/o leaving a tail for sewing.
- Place the two heart pieces wrong sides together and whip stitch the back loops together. **Stuff the heart before completely sewing closed.** Once stuffed, finish whip stitching, knot off, and hide the yarn tail inside the heart. The first 4 rows are identical to the heart-shaped feet.

Assembly:

- Sew the legs flat to the underside of the body so that the bear sits with the hearts upright.
- The arms are sewn under the head, one ring down from the top of the neck. Add a stitch or two from under the arm to the body to tack the arm down if they are flaring out too far.
- Whip stitch a nose in place before sewing the muzzle to the head. Stuff the muzzle and use plenty of pins to hold it in place before sewing. The top of the muzzle is placed on the 12th row.
- Sit the bear down to determine the best tail placement, then pin and sew it in place.
- Pin the ears on top of the head and adjust their placement before sewing them in.